











WHAT CAN YOU DO TO BE INCLUSIVE OF PERSONS WITH DISABILITIES?

It is essential to promote the inclusion of persons with disabilities in all aspects of life. This can be achieved by respecting their needs, rights, and preferences, as well as by ensuring that our actions do not inadvertently create barriers or reinforce negative stereotypes. Here are some key tips to keep in mind:

-  Only park in “blue spots” or accessibility parking if you are authorised to do so with a legal placard or vehicle tag.
-  Be careful not to make assumptions about persons with disabilities. Not all disabilities are visible.
-  Ask someone with a hearing impairment how they prefer to communicate at the start of the conversation.
-  When you interact with someone with a speech impairment, allow them as much time as they need to communicate.
-  When you interact with someone who uses a wheelchair, do not push, lean on, or hold the person’s wheelchair.
-  Be respectful to a person with a disability. A disability does not define a person so don’t focus on their disability.
-  Always ask before you help someone with a disability. Persons with disabilities need understanding, not pity!
-  Don't pet or distract a guide or service dog. The dog is responsible for its owner's safety and is always working—it is not a pet!
-  Make your presence known when interacting with a person who has a visual impairment. Introduce yourself and let them know when you are leaving.
-  “CamelCase” your hashtags on social media to make them accessible for people who are dyslexic, blind or visually impaired. Instead of #photooftheday use #PhotoOfTheDay

